

How Does Magnetic Therapy Work for Depression?

Brain Plasticity Improvement

Magnetic therapy for autism may promote neuroplasticity, which is the brain's ability to form and reorganize synaptic connections, especially after stress or injury.

Targeting the Prefrontal Cortex

The magnetic pulses primarily target the left dorsolateral prefrontal cortex, which tends to be underactive in individuals with depression.



Stimulates Neural Activity

Magnetic stimulation promotes increased neural activity, enhancing communication between brain cells.

Regulation of Neurotransmitters

The therapy helps increase the release and balance of neurotransmitters such as serotonin, dopamine, and norepinephrine, which play a critical role in mood regulation.

Impact on the Hypothalamic-Pituitary-Adrenal

Magnetic therapy for depression may help regulate the HPA axis, which controls the body's stress response and is often dysregulated in depression.

Balance Your Diet For Healthy Hair

Adopt a balanced diet that includes essential nutrients for the overall health of your hair.

